



# COVID-19 Update



## Our Commitment

During this unprecedented time, we would like to reassure all Leap's clients and their families that we are working hard to continue providing support in the safest possible way. We are committed to the health and safety of everyone and would like to take this opportunity to update you on what we have been doing to achieve this.

## Keeping everyone safe

It is everyone's responsibility to help keep us safe from COVID-19.

Leap have developed a Workplace COVID-19 Safety Plan and an Outbreak Management Plan to help us do this. Please visit our Webpage <https://leapocc.com.au> to view these.

## What can you do?

- Please contact the office immediately if you or a person in your home have a sore throat, fever, or respiratory illness (cough) or have been in contact with a confirmed case.
- Wash your hands after going to the toilet, using a tissue and before and after eating.
- Use hand sanitiser regularly especially when in the community.
- Cover your cough or sneeze with a tissue or in the crook of your elbow then dispose of the tissue and wash your hands. If you are unable to wash your hands immediately use hand sanitiser.
- Regularly clean high touch surfaces in your home using disinfectant.

Your support workers will explain what this means for you and how they may be able to help you with this.

## Important Contacts

If you are experiencing fever, respiratory symptoms or have come into contact with a confirmed case, we request you do not visit any of our sites, please cancel any 1.1 and therapeutic supports. Please phone your GP or call the Public

Health Hotline on **1800 671 738**

Other important contacts if you are requiring additional support are available on Mental Health Helpline **1800 332 388**

Lifeline **13 11 14**

KIDS HELPLINE **1800 551 800**